

Navigating the Simple Scoring Template

This Simple Scoring Calculator provides a Total PCL-5 Severity Score, Cluster Subscale Scores and counts the number of DSM 5 diagnostic criteria that are "present." In addition, the scoring template will warn a provider if any entries have been skipped.



Scores identified in yellow indicate that the symptom is "present" (e.g. the item's value exceeds the cut-off determined by the developer). Generally, a symptom is said to be present when an item is scored 2 or more. The item's value will also be displayed in the yellow box for each item scored "present."



Items 9, 15, and 16 (printed in red) are "key" items of interest. Clients who score a 1 or more on these items may pose a danger to themselves or others and should be evaluated. Symptom panels highlighted in RED indicate that these items exceeded the recommended critical value. In addition, the client's actual score on the item is provided for reference. While the Template will alert clinicians to "Key Item" elevations when data is entered, any clinical follow-up should be initiated beginning at the point of assessment and not later.

Simple Scoring Calculator for the PCL-5

Client ID:

DOB:

Clinician ID:

Date of Administration:

Data Entry	
Item #	Score
1 _{B1}	
2 _{B2}	
3 _{B3}	
4 _{B4}	
5 _{B5}	
6 _{C1}	
7 _{C2}	
8 _{D1}	
9 _{D2}	
10 _{D2}	
11 _{D4}	
12 _{D5}	
13 _{D6}	
14 _{D7}	
15 _{E1}	
16 _{E2}	
17 _{E3}	
18 _{E4}	
19 _{E5}	
20 _{E6}	

NOTE: Cut-points for the PCL-5 are still provisional pending additional research. Discontinuation rules and methods for compensating for missed items have not yet been established.

Item Description	DSM-5 Symptom	Score (0-4)
Unwanted Memories	B1	0
Recurrent Dreams	B2	0
Flashbacks	B3	0
Psychological Reactivity	B4	0
Physiological Reactivity	B5	0
Intrusive Category B Score:		0

Avoid Internal Reminders	C1	0
Avoid External Reminders	C2	0
Avoidance Category C Score:		0

Total Severity Score	0
Valid Unless Indicated	INVALID

Item Description	DSM-5 Symptom	Score (0-4)
Trouble Remembering	D1	0
Negative Beliefs-Self	D2	0
Blaming Self/Others	D3	0
Negative Feelings	D4	0
Loss of Interest	D5	0
Feeling Distant/Cut Off	D6	0
Lack of Positive Feelings	D7	0
Negative Alterations in Cognitions and Mood Category D Score:		0

Item Description	DSM-5 Symptom	Score (0-4)
Irritability & Anger	E1	0
Self-Destructive Behavior	E2	0
Superalert/Hypervigilant	E3	0
Jumpy/Easily Startled	E4	0
Difficulty Concentrating	E5	0
Sleep Problems	E6	0
Arousal & Reactivity Category E Score:		0

DMS-5 PTSD DIAGNOSIS	
B. One or more Category B symptoms present:	0
C. One of more Category C symptoms present:	0
D. Two or more Category D symptoms present:	0
E. Two or more Category E symptoms present:	0

F. Symptom duration greater than one month:	
G. Symptom Severity	