UCLA PTSD REACTION INDEX for DSM-5 – PARENT/CAREGIVER REPORT ©

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Child/Adolescent Name:	ID #	Age:	Sex: \square Girl \square Boy	
Grade in School School:	Teacher:		City/State	
Interviewer Name/I.D.	Date (month, day, year))/	/ (Session #)
Parent/Caregiver Name:	\square Mother \square Father \square Other Rel	lative F	oster Parent \square Other	

<u>CLINICIAN ADMINISTERED TRAUMA HISTORY PROFILE</u> In completing the Trauma History Profile, use information from parents, caregivers, and other appropriate informants. For each traumatic experience, indicate the specified trauma details, whether the child/adolescent was a *victim*, *witness* or *learned about** the trauma, and the age(s) over which the trauma occurred. (This form may be updated over the course of treatment as additional information about trauma history is revealed or as additional traumas occur.)

*Learned about <u>only</u> refers to indirect exposure in learning aversive details of violent personal assault, homicide, suicide, serious accident, or serious injury to a close relative or friend. It does <u>not</u> include learning about death due to natural causes.

TRAUMA HISTORY PROFILE

Trauma Type	Trauma Details	Role in Event								A	\ge	(s) I	Expe	rien	ced					
• •			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Neglect/Maltreatment	☐ Physical	□ Victim																		
1 (981000) 1/10010100000000000000000000000000	☐ Psychological	□ Witness																		
	☐ Penetration ☐ Non-Family	☐ Victim																		
Sexual Abuse	☐ Intra-familial ☐ CPS Report	□ Witness																		
		☐ Learned about																		
	☐ Serious Injury	□ Victim																		
Physical Abuse	☐ Weapon Used	□ Witness																		
	☐ CPS Report	☐ Learned about																		
Essadianal Alasas	☐ Caregiver Substance Abuse	☐ Victim																		
Emotional Abuse	□ Other	□ Witness																		
	☐ Weapon Used	☐ Victim																		
Domestic Violence	☐ Serious Injury	□ Witness																		
	□ Report Filed	☐ Learned about																		
	☐ Gang-Related	☐ Victim																		
Community Violence	☐ High Crime Community	□ Witness																		
·	☐ Drug Traffic ☐ Other	☐ Learned about																		
Way/Dalisiaal	☐ Specify:	□ Victim																		
War/Political		□ Witness																		
Violence		☐ Learned about																		

Trauma Type	Trauma Details	Role in Event								A	ge((s) I	Expe	rien	ced					
Trauma Type			1	2	3	4	5	6	7	8	9 :	10	11	12	13	14	15	16	17	18
Life-Threatening Medical Illness	☐ Type	☐ Self ☐ Family ☐ Friend																		
Serious Accident	☐ Motor Vehicle ☐ Dog Bite ☐ Hospitalized ☐ Other	☐ Victim ☐ Witness ☐ Learned about																		
School Violence	☐ Shooting ☐ Bullying ☐ Suicide ☐ Assault ☐ Other	☐ Victim ☐ Witness ☐ Learned about																		
Disaster	☐ Earthquake ☐ Fire ☐ Flood ☐ Hurricane ☐ Tornado ☐ Toxic Substance ☐ Other ☐ Lost Home ☐ Injured	☐ Victim ☐ Witness ☐ Learned about																		
Terrorism	☐ Conventional Weapon ☐ Biological ☐ Chemical ☐ Radiological ☐ Other	☐ Victim ☐ Witness ☐ Learned about																		
Kidnapping	☐ Stranger ☐ Relative ☐ Acquaintance ☐ Other	☐ Victim ☐ Witness ☐ Learned about																		
Sexual Assault/Rape	☐ Weapon Used ☐ Stranger ☐ Date Rape ☐ Prosecution	☐ Victim ☐ Witness ☐ Learned about																		
Interpersonal Violence	□ Robbery □ Assault □ Homicide □ Suicide □ Suicide Attempt □ Other _	☐ Victim ☐ Witness ☐ Learned about																		
Bereavement	□ Parent □ Sibling □ Friend □ Other Relative □ Other □ Sudden Death Cause of Death: □ Illness □ Accident □ Homicide □ Suicide □ Disaster □ Terrorism □ Other	☐ Witness ☐ Learned about (exclude death due to natural causes)																		

Trauma Type	Trauma Details	Role in Event								A	\ge	(s) I	Expe	rien	ced					
Trauma Type	Trauma Detains	Role in Lvent	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
Separation	□ Divorce □ Foster Care □ Parent Deported □ Parent/Sibling Incarcerated □ Parent Hospitalized □ Refugee □ Separation from relatives/ friends in country of origin □ Other																			
	□ Biological Mother □ Biological Father □ Other Relative □ Other Adult Impairment Due to: □ Drug use/abuse/addiction □ Mental Health Problem □ Medical Illness □ Other																			

1.	Provide a brief description of what happened:

Below is a list of other scary or violent things. These can be times when someone was or could have been hurt badly or killed. For each question, check "Yes" if this has happened to your child; check "No" if this did NOT happen to your child.

2. My child was in a disaster , like an earthquake, wildfire, hurricane, tornado or flood.	□Yes	□ No
3. My child was in a bad accident , like a serious car accident or fall.	□Yes	□ No
4. My child was in a place where a war was going on around him/her.	□Yes	□ No
5. My child was hit, punched, or kicked very hard at home (DO NOT INCLUDE ordinary fights between brothers and sisters).	□Yes	□ No
6. My child saw a family member being hit, punched or kicked very hard at home. (DO NOT INCLUDE ordinary fights between brothers and sisters).	□Yes	□ No
7. My child was beaten up, shot at or threatened to be hurt badly in his/her school, neighborhood or town.	□Yes	□ No
8. My child saw someone in our neighborhood or town beaten up, shot at or killed.	□Yes	□ No
9. My child saw a dead body in our neighborhood or town (do not include funerals).	□Yes	□ No
10. My child had an adult or someone much older touch his/her private parts when he/she did not want them to (DO NOT INCLUDE a visit to the doctor)	□Yes	□ No
11. My child heard about the violent death or serious injury of a loved one.	□Yes	□ No
12. My child had a painful and scary medical treatment in a hospital when he/she was very sick or badly injured.	□Yes	□ No
13. My child was forced to have sex with someone against his/her will.	□Yes	□ No
14. Has anyone close to your child died?	□Yes	□ No
15. OTHER than the things described above, has ANYTHING ELSE ever happened to your child that was REALLY SCARY, DANGEROUS, OR VIOLENT?	□Yes	□ No
If you answered "YES" to only ONE thing in the above list of questions (# 1 to #15), thing (#1 to #15) in this blank: # If you answered "YES" to MORE T place the number of the thing that BOTHERS YOUR CHILD THE MOST NOW in the About how long ago did this bad thing happen to your child? Has it been at least one month since this bad thing happened? □ Yes □ No	THAN ONE T	

<u>Clinician</u> : Provide a brief description of what happened (if different from #1 above):	

Here is a list of problems that children may have after bad things happen. Please think about the bad thing that happened to your child that seems to bother your child the most now. For each problem, CIRCLE ONE of the numbers (0, 1, 2, 3, 4 or 5) that tells how often the problem happened to your child in the past month, even if the bad thing happened a long time ago. Use the Frequency Rating Sheet to help you decide how often the problem happened in the past month. Note: If you are unsure about how often your child has experienced a problem, make your best estimation. Only circle "Don't Know" if you absolutely cannot give an answer. PLEASE BE SURE TO ANSWER ALL QUESTIONS.

HOW	MUCH OF THE TIME DURING THE PAST MONTH	None	Little	Some	Much	Most	Don't Know
1 _{E3}	My child is on the lookout for danger or things that he/she is afraid of (like looking over his/her shoulder even when nothing is there).	0	1	2	3	4	5
2 _{D2}	My child has thoughts like "I am bad."	0	1	2	3	4	5
3 _{C2}	My child tries to stay away from people, places, or things that remind him/her about what happened.	0	1	2	3	4	5
4 _{E1}	My child gets upset easily or gets into arguments or physical fights.	0	1	2	3	4	5
5 _{B3}	My child feels like he/she is back at the time when the bad thing happened, like it's happening all over again.	0	1	2	3	4	5
6 _{D4}	My child feels like what happened was sickening or gross.	0	1	2	3	4	5
7_{D5}	My child doesn't feel like doing things with family or friends or other things that he/she liked to do.	0	1	2	3	4	5
8 _{E5}	My child has trouble concentrating or paying attention.	0	1	2	3	4	5
9 _{D2}	My child has thoughts like, "The world is really dangerous."	0	1	2	3	4	5
10_{B2}	My child has bad dreams about what happened, or other bad dreams.	0	1	2	3	4	5
11 _{B4}	When something reminds my child of what happened, he/she gets very upset, afraid, or sad.	0	1	2	3	4	5
12 _{D7}	My child has trouble feeling happiness or love.	0	1	2	3	4	5
13 _{C1}	My child tries not to think about or have feelings about what happened.	0	1	2	3	4	5

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14 _{B5}	When something reminds my child of what happened, he/she has strong feelings in his/her body, like heart beating fast, headaches, or stomach aches.	0	1	2	3	4	5
15 _{D3}	My child is mad with someone for making the bad thing happen, not doing more to stop it, or to help after.	0	1	2	3	4	5
16 _{D2}	My child has thoughts like "I will never be able to trust other people."	0	1	2	3	4	5
17 _{D6}	My child feels alone even when he/she is around other people.	0	1	2	3	4	5
18 _{B1}	My child has upsetting thoughts, pictures, or sounds of what happened come to mind when he/she doesn't want them to.	0	1	2	3	4	5
19 _{D3}	My child feels that part of what happened was his/her fault.	0	1	2	3	4	5
20 _{E2}	My child feels he/she hurt himself/herself on purpose.	0	1	2	3	4	5
21 _{E6}	My child has trouble going to sleep, wakes up often, or has trouble getting back to sleep.	0	1	2	3	4	5
22 _{D4}	My child feels ashamed or embarrassed over what happened.	0	1	2	3	4	5
23 _{D1}	My child has trouble remembering important parts of what happened.	0	1	2	3	4	5
24 _{E4}	My child feels jumpy or startles easily, like when he/she hears a loud noise or when something surprises him/her.	0	1	2	3	4	5
25 _{D4}	My child feels afraid or scared.	0	1	2	3	4	5
26 _{E2}	My child does risky or unsafe things that could really hurt him/her or someone else.	0	1	2	3	4	5
27 _{D4}	My child wants to get back at someone for what happened.	0	1	2	3	4	5
With	Dissociative Symptoms (Dissociative Subtype)						
28 _{A1}	My child feels like he/she is seeing himself/herself or what he/she is doing from outside his/her body (like watching himself/herself in a movie).	0	1	2	3	4	5
29 _{A1}		0	1	2	3	4	5
30 _{A2}	My child feels like things around him/her look strange, different, or like he/she is in a fog.	0	1	2	3	4	5
31 _{A2}	My child feels like things around him/her are not real, like he/she is in a dream.	0	1	2	3	4	5

Have some of these reactions lasted at least one month? \Box Yes \Box No

<u>Clinician</u>: Ask the parent/caregiver whether the reactions (thoughts and feelings) above cause significant *distress or functional impairment* to the child.

□ Significant Distress: (check if parent/caregiver endorses #1 below) □ Yes □ No □ Don't Know 1. Do these reactions (thoughts and feelings) bother or upset your child a lot?
Describe:
□ Significant Functional Impairment : (check if functional impairment at home, at school, in peer relationships, in developmental progression)
☐ Home : (check if parent/caregiver endorses #1, #2 or #3 below)
☐ Yes ☐ No ☐ Don't Know 1. Do these reactions (thoughts and feelings) make it harder for your child to get along with people at home? ☐ Yes ☐ No ☐ Don't Know 2. Do these reactions (thoughts and feelings) get your child into trouble at home?
\square Yes \square No \square Don't Know 3. Do these reactions (thoughts and feelings) cause your child to have some other problem at home?
Describe:
□ School: (check if parent/caregiver endorses #1 <i>or</i> #2 below) □ Yes □ No □ Don't Know 1. Do these reactions (thoughts and feelings) make it harder for your child to do well in school? □ Yes □ No □ Don't Know 2. Do these reactions (thoughts and feelings) cause your child other problems at school?
Describe:
□ Peer Relationships : (check if parent/caregiver endorses #1 below) □ Yes □ No □ Don't Know 1. Do these reactions (thoughts and feelings) make it hard for your child to get along with or make friends?
Describe:
□ Developmental Progression : (check if parent/caregiver endorses #1 below) □ Yes □ No □ Don't Know 1. Do these reactions (thoughts and feelings) make it harder for your child to do important things that other kids his/her age are doing? □ Yes □ No □ Don't Know 2. Do these reactions interfere with other areas of your child's development?
Describe:

FREQUENCY RATING SHEET

HOW MUCH OF THE TIME DURING THE PAST MONTH DID THE PROBLEM HAPPEN?

0					1							2							3											
NONE	!		I	ıI'	T'I	ĽL	E				S	ΟM	Œ					M	UC	Ή			MOS					ЗT		
мтин	FS	s	М	Т	W	н	F	s	s	М	Т	W	н	F	s	s	M	Т	W	н	F	s		S	М	Т	W	н	F	s
			X								X			X			X		X		X			X	X	X	X	X	X	X
											X					X		X							X	X	Х	X		
							X					X					X		X		X				X	X		X	X	
											X		X			X	X							X	X	X	X	X	X	X
NEVER	2	7	/W1 /A			MI	ES 'H			1-	2 A	T: Wi			3		2	- 3 A	. V	TI VE				Α	Lì		ST DA		₹V.	ERY

CLINICIAN SCORE SHEET

Subject ID#	Age	Sex (circle): M F	Date:	Subject Name:	
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For Items 2, 9, and 16: indicate <u>highest score only</u> for DSM-5 Symptom D2; for Items 15 and 19: indicate <u>highest score only</u> for DSM-5 Symptom D3; for Items 6, 22, 25, and 27: indicate <u>highest score only</u> for DSM-5 Symptom D4; for Items 20 and 26: indicate <u>highest score only</u> for DSM-5 Symptom E2. Category B Total: Sum scores for symptoms B1-B5; Category C Total: Sum scores for symptoms C1 and C2; Category D Total: Sum scores for symptoms D1-D7; Category E Total: Sum scores for symptoms E1-E6; PTSD-RI Total Scale Score: Sum Category B, C, D, and E.

T4 4	DSM-5	Score (0-4)		
Item #	Symptom			
18	B1			
10	B2			
5	В3			
11	B4			
14	B5			
SYMPTOM CATEGORY B SUMMATIVE SCORE:				
13	C1			
13	C1 C2			

Item#	DSM-5	Score
	Symptom	(0-4)
23	D1	
2*	D2	
9*	D2	
16*	D2	
15*	D3	
19*	D3	
6*	D4	
22*	D4	
25*	D4	
27*	D4	
7	D5	
17	D6	
12	D7	
SYMPT	ORYD	

SUMMATIVE SCORE:

Item #	DSM-5	Score		
Heim #	Symptom	(0-4)		
4	E1			
20*	E2			
26*	E2			
1	E3			
24	E4			
8	E5			
21	E6			
SYMPTOM CATEGORY E				
SUMMATIVE SCORE				

Dissociative Symptoms
28. A1
29. A1
(Indicate highest score for A1)
30. A2
31. A2 (Indicate highest score for A2)
(Indicate highest score for A2)

PTSD-RI TOTAL SCALE				
SCORE				

			<u>DSM-5</u>	<u> PTSD</u>	DIAGN	<u>OSI</u>
_	~	-				

- B: One or more Category B symptoms present:
- C: One or more Category C symptoms present:
- D: Two or more Category D symptoms present:
- E: Two or more Category E symptoms present:
- F: Symptom duration greater than one month:
- G: Symptoms cause clinically significant *distress* or *impairment*:

Specify Dissociative Subtype:

One or more dissociative symptoms present:

Estimating Whether DSM-5 PTSD Category B, C, D, and E Symptom Criteria are Met

If symptom score is 3 or 4, then score symptom as "present." For question #4, #10, and #26; use a rating of 2 or more for symptom presence. Then determine whether <u>one or more B</u> symptoms are present; whether <u>one or more C</u> symptoms are present; whether <u>two or more D</u> symptoms are present, and whether <u>two or more D</u> symptoms are present. If <u>one or more D</u> issociative Symptoms are present, then assign Dissociative Subtype.